

ME ME ME: SELF PORTRAITS

Sculpture is just another word for 3D art. Sculptures have been made for thousands of years, recording what happens to people and how they feel. Artists can use materials like wood, stone, clay and even things like ice, plastic and things found in bins to make sculptures.

SHEET
B.

You are going to be making some sculptures out of salt dough today. They will be about everyone's favourite subject - YOU! Make up the dough following the recipe below and use the prompts below to help get your imagination going!

SALT DOUGH RECIPE

INGREDIENTS

- 4 cups of plain flour
- 1 cup of salt
- 1-2 cups of hot tap water
- 2 teaspoons of vegetable oil

INSTRUCTIONS

1. Mix the salt and flour together, and gradually add the water until the dough becomes elastic, then add the vegetable oil. If the mixture is too sticky, add more flour, if it's too dry, add more water.

2. When you have finished your sculpture you can bake them in the oven at 200°C. Baking times will depend on the size and thickness of your sculpture.

4. You can paint your sculpture with poster paint when it has cooled.

TOP TIP: To add interest you could add glitter or food colouring to the dough.

WHY NOT MAKE...

- YOURSELF!
- YOUR FAVOURITE THING TO EAT.
- JUST ONE PART OF YOUR FACE BY ITSELF, COULD BE A NOSE, EYE, EAR, MOUTH...
- YOUR DREAM PET - MIGHT BE THE ONE YOU ALREADY HAVE!
- YOUR DREAM OUTFIT

A sculptor might use tools or just their fingers to create the shapes they want.

Try moulding some salt dough with different tools - spoons, fingers, rolling pins, a pastry cutter...

