



# ME ME ME: SELF PORTRAITS

This week is all about YOU! You are the main character and your first task is to make your own book to star in. These are instructions to make **The Little Book of Me** (the blue sheet in this pack). After you have finished you will have your own six page book with a self portrait inside! Let's start creating the content:

- On **Page 2** write your name along the top - think about each letter of your name and a word that starts with that letter that describes you. What do you look like, what do you like to do, what do you love? Write this word longways (vertically) under the letter of your name it starts with. This is called an acrostic poem!
- On **Page 3** draw yourself without lifting the pen off the paper **AT ALL**. The drawing should just be made from one line!
- On **Page 4** draw your favourite food.
- On **Page 5** close your eyes and draw yourself without opening them.
- Often people get their portraits done while wearing their best clothes. On **Page 6** draw your best outfit.
- On the **back cover** write 'BY' and then your name.
- Finally, flip the paper over and draw yourself in the frame. Then write your name on the empty plaque below. This is your finished **SELF PORTRAIT** poster!

**PTO for your next instructions!**

Ok! Good Job! Now we are going to turn this paper into a book! Parents might need to do this for younger children. Fold along all the blue (and black) lines. Then cut a slit along the black line (without cutting any of the blue). Next fold and push the paper to form a plus sign (see the pictures below) and press the front cover and back cover to sandwich the rest of the pages. Tah-dah! You have made The Little Book of Me!

